

The Preschool Times

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preschool@stchristopherski.org

September 2017



WELCOME to SCP!!

We are beginning our 17th year of preschool!

Visit our Facebook Page
St. Christopher's Preschool

Please take a look at our website:

www.stchristopherski.org/preschool.htm

This is the page that you will find important up to date information regarding all of the happenings at SCP!

FOG DELAYS:

If QAC schools have a delayed opening due to inclement weather – all SCP Morning classes will begin at 10:45am and end at 12:15am with exception of our Pre-K & 4's classes that will end at 1pm.

Hall Classroom Entrances

In an effort to help with congestion we are asking that certain classes use certain doorways to enter and exit the back hall. Please look for signs on which doorway to use. Ms. Terri & Ms. Kim's door will be the first door as you enter the hall. The doorway closest to Ms. Sissy's Office will be used for Ms. Bonnie & Ms. Stacy's Classes.

Preschool Portraits

SCP will once again have Willow Roots Photography take our preschool portraits. She will be here on Tuesday, September 19th and Wednesday, September 20th. We will use September 21 & 22 as rain/makeup dates. There will be in-person ordering sessions at SCP on Tues., Sept. 26 & Wed., September 27 at 9:30am. You may also order online via email and Paypal. We would really appreciate it if the parents/caregivers could please take their child to the bathroom directly before class. Also, if our tadpoles are still in diapers or pull-ups, please have them arrive clean and dry.

ALL PAPERWORK MUST BE COMPLETED AND RETURNED TO THE TEACHERS / PRESCHOOL OFFICE FOR YOUR CHILD TO BE PERMITTED TO ATTEND CLASSES AT SCP!

Preschool Jitters

We'd like to remind all of our parents that the start of school can be great fun, but it can also be very scary. Some of the children attending SCP this year have been here before – but some have not.

We are sure there are some anxious children and some overly anxious parents. Please rest assured that your anxiety about the new year, a new place, a new adventureis very normal. It is very important for the children to think that they are the only ones that are nervous.

Parents: Stay strong – Be Positive! Talk about how much fun they will have and remind them that you (or someone close) will always come back to get them at the end of class.

Most of the children will love the idea of coming to school, they will rush in, find a seat and often forget to say goodbye (which of course, breaks our hearts) – but this is great! Some of our little friends may not be so keen on the idea of school – and that is okay too. It will take time. In most cases the separation on the first few days of school is harder on the parents than it is on the children!

We are comfortable with your leaving your child, as upset as he/she may be. We are willing to try to settle them down – we will not allow them to be upset for too long. We do ask that you let us try to console your child. If you give them a quick loving goodbye in the hallway and then leave (make sure to get out of sight and ear shot), it will be okay. We will do our best to calm him/her down and redirect their attention to the fun things happening in the classroom. If they do settle down, but then hear or see you – it could begin the separation anxiety from the beginning. We welcome you to stay in the foyer or in the parking lot – we will come get you if need be or even come to let you know that everything is okay. If it is necessary, we will call you to come back in to help your child get acclimated. The sooner we establish a routine, the better for everyone!

Please remember that even the child that rushes in on the first day without a care in the world, may develop separation anxiety at a different point during the year – this is also normal. Anything, even the slightest change, could spark the nervous feeling for these youngsters. Please let your child's teachers know how they are feeling about school so that we can help make them more comfortable.

Take a look at the book *The Kissing Hand*. This is a great story about a child being nervous to be without mom or dad.

Notes about the school day:

- When coming to school – please use the main entrance to the building.
- Please remember to pack an extra set of clothes (season appropriate) in a zip-top bag labeled with your child's name. These clothes will stay in your child's tote bag for those just-in case moments.
- We try very hard to reinforce self-help skills at school! It is important for children to learn to be successful, and doing is learning! Even though it is usually not quick or easy – try to give your child more "jobs" to tackle on their own; cleaning up their messes, opening their juices, dressing themselves, zipping their jackets, etc.



FAQ's about our SNACK Policy:

Some children are highly allergic to nuts. Please send in only **nut free** items for all preschool functions.

What kind of snacks are best?

SNACKS:

Due to new regulations with the Office of Child Care we need to amend our snack policy. When you provide snack for our classes our snacks **MUST** contain:

- A fruit and/or vegetable (i.e.: grapes, bananas, carrots, etc.)

AND

- A grain (i.e.: bagels, muffins, crackers, goldfish, graham crackers, etc.)

AND

- Your child's drink should be **100% juice**.

DRINKS: Please send in a drink for your child each class day. If they forget their drink, we will provide them with a cup of water.

How do I know when we bring snack?

Pre-K, Frogs, Polliwoogs: These classes are assigned at least 3 snack weeks throughout the year. During your snack week – you are responsible for bringing a snack for all children in the class for each school day that your child is scheduled to attend class during the week. Please send in a drink for your child each class day. (NO sippie cups).

Tadpoles: These classes will be assigned snacks at least once every six weeks. This will amount to about 6 weeks through the year. During your snack week – you are responsible for bringing a snack for all school days that your child attends class during the week. Please send in a drink for your child each class day.

* If they forget their drink we will provide them with a cup of water.

What if you forget your snack?

We will send you a reminder the week before, but if you forget (it happens)...We will send you an OOPS! Note, which will ask that you still send in snack to make up for our just-in case supply that we keep on hand.

OUR CLASS NAMES:

PRE-K (5 Days)

Mon-Fri: 9:15am-1:00pm

4's (3 Days): Frogs

Mon/Wed/Fri: 9:15am-1:00pm

3 Year Olds: Polliwoogs

Mon/Wed/ Fri: 9:15am-11:45am

Tues/Thurs: 9:15am-11:45am

2 Year Olds: Tadpoles

Mon/Wed/Fri: 9:15am-11:45am

Tues/Thurs: 9:15am-11:45am

Tuition Payment Policy
Reminder

Tuition payments are due on the first of each month. Any payment not received by the 15th of each month will incur a \$35 late fee each month your payment is late. If your payment is late 3 consecutive months your child will not be able to attend SCP until your account is brought current.

Lunch Bunch

We are excited to announce we are offering Lunch Bunch again this year! Your child will have the opportunity to and have lunch and a fun activity with his/her teacher(s). Lunch Bunch will run from 11:45am-1:00pm for our Polliwog’s classes . The cost for this activity is \$5 for each Lunch Bunch date they participate. This fee is to be paid in advance along with a signed permission slip. If your child wishes to participate they will be required to bring a packed lunch (with **no nut products**) along with drink to preschool on their scheduled day. This drink should be separate from the one sent for your child to use during class snack.

Lunch Bunch Dates will be published by the teachers each month.



If you have any questions or concerns please feel free to speak with any of our staff members.

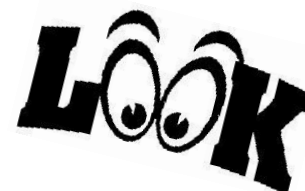
We look forward to a great year as we LEAP INTO LEARNING!

Preschool Office Hours:
Mon – Fri 9:00am – 3:00pm

SCP Email Addresses

If you have any correspondence that you would like to send to your child’s teacher (i.e.: attendance, snack questions, questions or concerns in the classroom or with your student) please email them at:
preschool@stchristopherski.org

If you have any correspondence that you would like to send to Sissy regarding confidential information (i.e.: tuition and billing information, questions or concerns regarding the facility or program concerns) please email her at: Sissyromanek1@stchristopherski.org



**IMPORTANT
UPCOMING
DATES**

- September 20 & 21 – Lunch Bunch
- September 22 – Scholastic Book Orders Due
- October 2 – SCP CLOSED
- October 4 & 5 – Lunch Bunch
- October 20 – SCP CLOSED
- October 25 & 26 – Lunch Bunch
- October 31 – School Wide Halloween Party
Family Event @ SCP Parish Hall -
NO CLASSES THIS DAY

Please don’t forget to dress your child in appropriate PLAY clothes & shoes (no flip-flops)!

APPROPRIATE CLOTHING IS EXPECTED!

We will PLAY HARD and probably get dirty!

Make sure to check your child’s bag/backpack daily for appropriate clothing and diapers!